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## Klaus Gottlieb, MD, PLLC

### Endoscopic Ultrasound and Interventional Endoscopy

Serving Sacred Heart, Deaconess and Valley Hospitals

You are scheduled for an **esophageal manometry** exam with Dr. Gottlieb at:

\_\_\_\_\_ Sacred Heart Medical Center. Report to the surgery center located at the west end of the hospital on 8<sup>th</sup> Avenue. (474-4781). Please be prepared to provide your insurance information.

\_\_\_\_\_ Deaconess Medical Center. Report to the short stay unit located on the 4<sup>th</sup> floor. (473-7283). Please be prepared to provide your insurance information.

Your appointment date is \_\_\_\_\_. Your check in time is \_\_\_\_\_.

#### **INSTRUCTIONS FOR PREPRATION:**

- **Do not eat after midnight the night before your exam.**
- **Do not drink anything for 8 hours prior to your exam.**
- The following medications may affect the contractile pattern of the esophagus and should be discontinued at least 48 hours before your exam: Please check with your physician about all your medications.
  - Caffeine
  - Reglan (metoclopramide)
  - Urecholine (bethanechol)
  - Erythromycin
  - Nitroglycerine (Isordil, Nitro-Bid)
  - Calcium channel blockers (Procardia, Adalat, Calan, cardizem)
  - Betablockers (Inderal, Corgard)
  - Donnatol
  - Librax
  - Levsin
  - Zantac, Tagamet, Pepcid, Axid
  - Prilosec, Prevacid, Nexium, Protonix, Aciphex
- If you have any questions please contact our office at (509) 455-3453.